



Muffins

Delicious traditional muffins with blueberries or your favorite fruit.

Yield: approximately 6 to 7 muffins

Ingredients

- 1¼ cups Pamela's Baking & Pancake Mix
- ¼ cup melted butter, or oil
- ½ cup milk
- ½ cup sugar
- 1 egg
- 1 tsp vanilla
- ¾ to 1 cup fruit -- bananas, peaches, berries, etc. (If using raisins or dried fruit, add an additional ¼ cup water)
- Optional: ¼ cup chopped walnuts
- Variation: Pamela's Muffins - No Fat Added
- 1¼ cups Pamela's Baking & Pancake Mix
- ¼ cup water
- ⅓ cup honey (or ¼ cup sugar)
- 1 egg
- 1 tsp vanilla
- ½ cup fruit -- bananas, peaches, berries, etc. (If using raisins or dried fruit, add 1/4 cup additional water)
- Optional: ¼ cup chopped walnuts

Directions

Preheat oven to 350°.

Mix all ingredients together and spoon into greased muffin pan (or muffin papers sprayed with cooking spray), filling each cup about two-thirds full. Bake for approximately 25 minutes, or 19 to 21 minutes for the No Fat Added variation.

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