



Date Nut Muffins

Tasty muffins full of dates, nuts, and carrots. A great way to start the day!

Yield: 6 large muffins

Ingredients

Dry Ingredients:

- 1-1/4 cup plus 2 Tablespoons [Pamela's Baking & Pancake Mix](#)
- 1 Tablespoon Chia seeds

Liquid ingredients:

- 1 egg
- 1/4 cup milk
- 1/3 cup honey
- 1 teaspoon vanilla

Fruits & Nuts:

- 1/3 cup chopped dates
- 1/2 cup chopped pecans
- 1/2 cup grated carrots

Directions

Mix liquid ingredients. Mix all ingredients together. Spoon into greased muffin tins.

Bake at 350° for 20 to 22 minutes.

© Pamela's Products, Inc.