



Chicken Sausage and Broccoli Rabe with Rotini

A whole meal in one dish with your protein and vegetables. Made with [Pamela's Rotini](#).

Ingredients

- 1 box [Pamela's Rotini Pasta](#), cooked (8 oz)
- 2 chicken sausages, diced
- 1 bunch broccoli rabe, roughly chopped
- 2 TBSP butter
- 1 tsp red pepper flakes

Directions

Cook the rotini until desired texture. Drain and rinse pasta.

Heat the butter in a large sauce pan and cook the chicken sausage and broccoli rabe.

Add Pamela's Rotini with a splash of pasta water.

Sprinkle with red pepper flakes before serving.

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